



cafe

MONTGOMERY PARK

MONDAY - FRIDAY 7:00AM TO 2:00PM



fandbcafe.com

503.944.6833

BREAKFAST

chorizo breakfast burrito \$5.95

chorizo sausage, roasted red potatoes, scrambled eggs, cheddar, arugula & sour cream

veggie breakfast burrito \$5.75

roasted seasonal veggies, roasted red potatoes, scrambled eggs, cheddar, black beans, salsa & sour cream

build your own breakfast sandwich \$5.95

choice of ham, bacon or roasted veggies.
choice of swiss, mozzarella, provolone or cheddar.
choice of eggs or egg white. served on a potato bun

biscuits and gravy \$4.95

house made buttermilk biscuit
served with country gravy

josie's granola \$3.50

housemade with oats, wild honey, brown sugar,
nuts & dried fruit with your choice of milk

oatmeal \$3.50

slow cooked irish oatmeal

SOUP, STARTS & SPECIALS

soup du jour and chili \$4.00 cup/ \$5.25 bowl made from scratch daily using fresh veggies, quality meats & house made stock

hummus plate (v) \$6.95

house made hummus, grilled veggies, feta cheese, olives, cucumber & warm pita

**ask about our daily specials
or visit our website at fandbcafe.com**

PANINI

served with pickle and chips or green salad with balsamic
sub french fries \$1 | sub gluten free bread \$1 | add a cup of soup \$3

ham & sharp cheddar panini \$6.85

smoked ham, sharp cheddar, honey fennel mustard
& arugula on como

tuna melt \$7.75

line caught albacore tuna salad
& sharp cheddar on como

grilled four cheese \$5.95 (v)

swiss, mozzarella, sharp cheddar
& provolone on whole grain

french dip press \$7.50

house roast beef, caramelized onions &
horseradish cheddar on a potato bun au jus

chicken banhmini \$6.50

daikon radish sprouts, pickled vegetables(daikon,
carrot & jalapeno), cucumber, spicy chili lime
mayo, cilantro, sesame seeds on a soft baguette

chicken pesto \$7.50

chicken, grilled vegetables, mozzarella
& pesto on peasant bread

veggie press \$7.50 (v)

grilled vegetables, mozzarella & pesto
on peasant bread

ADD ONS

bacon \$1.95 chicken \$1.95 cheese \$1.00 french fries \$2.50
avocado \$1.00 grilled veggies \$1.50 skewer \$2.00 pesto \$1.00

SANDWICHES & WRAPS

served with pickle and chips or green salad with balsamic
sub french fries \$1 | sub gluten free bread \$1 | add a cup of soup \$3

turkey club \$9

turkey, ham, bacon, tomato, lettuce, swiss, cheddar & thousand island dressing piled in between three slices of toasted como

classic blt \$7.25

bacon, lettuce, seasonal tomato & mayo on toasted como

turkey & dill havarti \$7.50

turkey, lettuce, tomato, dill havarti & dijon mayo on como

f&b wrap \$7.75

grilled chicken, bacon, lettuce, tomato,
& buttermilk dressing wrapped in a flour tortilla

club wrap \$7.75

turkey, ham, bacon, tomato, lettuce, swiss, cheddar & your choice of thousand island dressing, honey fennel mustard, mayo or balsamic dressing wrapped in a flour tortilla

THE GRILL

painted hills burger \$8.25

served with salad or fries
add onion \$.50, add mushroom \$.50

veggie burger \$8.00 (v)

served with salad or fries

chicken tenders \$7.00

served with fries

chicken or veggie bento \$7.25 (v)

served with jasmine rice

chicken burrito or bowl \$6.50

veggie burrito or bowl \$6.00

*consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness