



cafe

EXCHANGE

MONDAY - FRIDAY 7:30AM TO 3PM

breakfast OPEN TO 11AM

lunch 11AM TO 3:00PM



fandbcafe.com

503.894.9624

BREAKFAST

chorizo breakfast burrito \$5.95

chorizo sausage, roasted red potatoes,
scrambled eggs, cheddar, arugula, salsa & sour cream

veggie breakfast burrito \$5.75

roasted seasonal veggies, roasted red potatoes,
scrambled eggs, cheddar, black beans, salsa & sour cream

build your own breakfast sandwich \$5.95

choice of ham, bacon or roasted veggies.
choice of swiss, mozzarella, provolone or cheddar.
served with eggs on potato bun

josie's granola \$3.50

housemade with oats, wild honey, brown sugar,
nuts & dried fruit with your choice of milk

SOUP & SALADS

soup du jour and chili \$4.00 cup/ \$5.25 bowl

made from scratch daily using fresh
veggies, quality meats & house made stock

oregon harvest salad \$8.5 (v)

hazelnuts, dried cranberries, blue cheese, red onions &
balsamic vinaigrette over a bed of organic greens
add chicken +1.95

hummus plate \$6.95 (v)

house made hummus, grilled veggies, feta cheese, olives,
cucumber & warm pita
add chicken +1.95

tuna salad \$8 (gf)

tuna salad over a bed of organic baby greens with cucumbers &
balsamic vinaigrette dressing. w/ toasted bread

tarragon chicken salad \$8 (gf)

chicken salad over a bed of organic baby greens with tomatoes,
almond slices & balsamic vinaigrette dressing. w/ toasted bread

ask about our daily specials
or visit our website at fandbcafe.com

PANINI

served with pickle and chips or green salad with balsamic sub gluten
free bread \$1 | sub a cup of soup \$3

ham & sharp cheddar panini \$6.85

smoked ham, sharp cheddar, honey fennel mustard
& arugula on como

tuna melt \$7.75

line caught albacore tuna salad
& sharp cheddar on como

veggie press \$6.50 (v)

grilled vegetables, mozzarella & pesto on whole grain
add chicken \$1 *add bacon \$1*

chicken banhmini \$6.50

daikon radish sprouts, pickled vegetables(daikon,
carrot & jalapeno), cucumber, spicy chili lime mayo,
cilantro & sesame seeds on a soft baguette

roasted pork \$8.25

garlic broccoli rabe, provolone piquant on a hoagie roll

chicken pesto \$7.50

grilled chicken breast, grilled vegetables,
mozzarella & pesto on whole grain

grilled cheese \$5.95 (v)

swiss, mozzarella & sharp cheddar on whole grain

ADD ONS

bacon \$1.95 chicken \$1.95 cheese \$1.00
avocado \$1.00 grilled veggies \$1.50 pesto \$1.00

SANDWICHES & WRAPS

served with pickle and chips or green salad with balsamic
sub gluten free bread \$1 | sub a cup of soup \$3

turkey avocado \$8.50

turkey, avocado, chipotle aioli, swiss cheese on toasted como

classic blt \$7.25

bacon, lettuce, tomato & mayo on toasted como

f&b wrap \$7.75

grilled chicken, bacon, lettuce, tomato,
& buttermilk dressing wrapped in a flour tortilla

club wrap \$7.75

turkey, ham, bacon, tomato, lettuce, swiss, cheddar & your choice
of thousand island dressing, honey fennel mustard, mayo or
balsamic dressing in your choice of a spinach or flour tortilla



c a t e r i n g

f&b catering provides delivery to your office or company meeting, with service to meet your needs. Our menus highlight scratch recipes made with fresh, high quality ingredients.

to discuss our catering options, please contact us at

503.944.6833 or FBINFO@FANDBCAFE.COM