



cafe

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## **EXCHANGE**

**MONDAY - FRIDAY 7:30AM TO 3PM**

breakfast OPEN TO 11AM

lunch 11AM TO 3:00PM



**[fandbcafe.com](http://fandbcafe.com)**

**503.894.9624**

## **BREAKFAST**

### **chorizo breakfast burrito \$5.95**

chorizo sausage, roasted red potatoes, scrambled eggs, cheddar, arugula, salsa & sour cream

### **veggie breakfast burrito \$5.75**

roasted seasonal veggies, roasted red potatoes, scrambled eggs, cheddar, black beans, salsa & sour cream

### **build your own breakfast sandwich \$5.95**

choice of ham, bacon or roasted veggies.  
choice of swiss, mozzarella, provolone or cheddar.  
served with eggs on potato bun

### **josie's granola \$3.50**

housemade with oats, wild honey, brown sugar, nuts & dried fruit with your choice of milk

## **SOUP & SALADS**

### **soup du jour and chili \$4.00 cup/ \$5.25 bowl**

made from scratch daily using fresh veggies, quality meats & house made stock

### **oregon harvest salad \$8.5 (v)**

hazelnuts, dried cranberries, blue cheese, red onions & balsamic vinaigrette over a bed of organic greens  
*add chicken or bacon +1.95*

### **hummus plate \$6.95 (v)**

house made hummus, grilled veggies, feta cheese, olives, cucumber & warm pita  
*add chicken or bacon +1.95*

### **tuna salad \$8 (gf)**

tuna salad over a bed of organic baby greens with cucumbers & balsamic vinaigrette dressing. w/ toasted bread

### **tarragon chicken salad \$8 (gf)**

chicken salad over a bed of organic baby greens with tomatoes, almond slices & balsamic vinaigrette dressing. w/ toasted bread

**ask about our daily specials  
or visit our website at [fandbcafe.com](http://fandbcafe.com)**

## PANINI

served with pickle and chips or green salad with balsamic sub gluten  
free bread \$1 | sub a cup of soup \$3

### ham & sharp cheddar panini \$6.85

smoked ham, sharp cheddar, honey fennel mustard  
& arugula on como

### tuna melt \$7.75

line caught albacore tuna salad  
& sharp cheddar on como

### veggie press \$6.50 (v)

grilled vegetables, mozzarella & pesto on whole grain  
*add chicken \$1*                      *add bacon \$1*

### chicken banh mi \$6.50

daikon radish sprouts, pickled vegetables(daikon,  
carrot & jalapeno), cucumber, spicy chili lime mayo,  
cilantro & sesame seeds on a soft baguette

### chicken pesto \$7.50

grilled chicken breast, grilled vegetables,  
mozzarella & pesto on whole grain

### grilled cheese \$5.95 (v)

swiss, mozzarella & sharp cheddar on whole grain

## ADD ONS

bacon \$1.95    chicken \$1.95    cheese \$1.00  
avocado \$1.00    grilled veggies \$1.50    pesto \$1.00

## SANDWICHES & WRAPS

served with pickle and chips or green salad with balsamic  
sub gluten free bread \$1 | sub a cup of soup \$3

### **turkey avocado \$8.50**

turkey, avocado, chipotle aioli, swiss cheese on toasted como

### **classic blt \$7.25**

bacon, lettuce, tomato & mayo on toasted como

### **f&b wrap \$7.75**

grilled chicken, bacon, lettuce, tomato,  
& buttermilk dressing wrapped in a flour tortilla

### **club wrap \$7.75**

turkey, ham, bacon, tomato, lettuce, swiss, cheddar & your choice  
of thousand island dressing, honey fennel mustard, mayo or  
balsamic dressing in your choice of a spinach or flour tortilla

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# c a t e r i n g

f&b catering provides delivery to your office or company meeting, with service to meet your needs. Our menus highlight scratch recipes made with fresh, high quality ingredients.

to discuss our catering options, please contact us at

**503.944.6833 or [FBINFO@FANDBCAFE.COM](mailto:FBINFO@FANDBCAFE.COM)**